

PRACTICAL TIPS

Make the most of your visit

- Arrive at the start of the session.
- Join in and give your child your full attention.
- Keep your mobile phone away during the group.
- Follow your child's lead, play and have fun together.

Before travelling

During the school holidays, check with the Family Hub before travelling as timetables may change.

About Croydon Family Hubs

Croydon Family Hubs are run by local services working together to support you, such as health services, the council, and the voluntary and community sectors. To help you access the right advice, help and support, you will be asked to register your family's details. It's simple and easy to do. Contact familyhubs@croydon.gov.uk to find out more.



Join us on WhatsApp

Please join our WhatsApp group for information on what's on at Family Hubs, plus useful information when plans change.

Chatterbox

Chatterbox is a specific session, focusing on providing support and advice around speech, language and communication.

Other activities

Ask for information on other activities at your local family hub that your child may enjoy and benefit from.

Questions?

020 8714 2594

CH-TR.SLTcroydonchildren@nhs.net

Telephone interpreting is available if your first language is not English.



Croydon Health Services
NHS Trust

CROYDON
www.croydon.gov.uk

CROYDON BEST START FAMILY HUBS & CROYDON NHS SPEECH AND LANGUAGE THERAPY

Chatterbox groups

Autumn 2026



Helping your child communicate, listen and connect

Targeted groups to promote, support and encourage your child's speech, language and communication development

DROP IN - FREE



Croydon Health Service:
NHS Trust

CROYDON
www.croydon.gov.uk

ABOUT THE GROUP

What are Chatterbox groups?

Chatterbox groups are for Croydon families with children under 5 years old - or the term before starting reception at school- who are concerned about their child's **speech, language and communication**

They are run by the Chatterbox team, including Speech and Language Therapy staff and Family Hub colleagues.

Parents and carers take part with their child. The team will help you use simple, practical strategies that support speech, language and communication through play.

What happens in a session?

- **Play opportunities** for parents/carers and children to promote speech, language & communication development.
- **Advice, tips and strategies** from the Chatterbox team regarding how to support your child's speech, language and communication skills.
- **Relaxing time** Deep pressure activities can reduce over stimulation from fast movement and busy multisensory environments (free play). It allows children to better cope with stress and overstimulation, improve concentration and support transition to more structured activities.
- A **structured time** for a whole group story, song time and activities to help to develop your children's attention and listening skills.

DROP IN - NO BOOKING REQUIRED

Days and locations

Sessions first come, first served and numbers are limited.

MONDAYS

9:30am - 11:00am

Selhurst Family Hub

23 Dagnall Park
South Norwood, SE25 5PL

Tel: 020 8684 3777-option 1

TUESDAYS

1:00pm - 2:30pm

Woodlands Family Hub

Farnborough Avenue
Selsdon, CR2 8HF

Tel: 020 8916 0543

THURSDAYS

9:30am - 11:00am

Shirley Family Hub

34 Lilac Gardens
Shirley, CR0 8NR

Tel: 020 8684 3777-option 1

FRIDAYS

9:30am - 11:00am

Winterbourne Family Hub

Winterbourne Road
Thornton Heath, CR7 7QT

Tel: 020 8684 3777-option 1

Please arrive at the session on time:

This helps your child make the most of the play and group activities.

