

Your team
Logo here



CROYDON
www.croydon.gov.uk

Health content for Local Offer/ Provision Document

Croydon CAMHS

Dr Amtul H Hashemi – Principle Clinical Psychologist

What does your service do?

We provide a specialist mental health service to children, young people and families who live in the London borough of Croydon and have moderate, severe or complex mental health presentations. Our work includes face to face and virtual appointments but our preference is always, when possible, to see in-person. We offer:

- Multi-disciplinary assessments and interventions including CBT, DBT, trauma work and family therapy
 - Individual and group work (with other young people/parents dealing with similar issues).
 - We also have a Learning Disability service, Crisis service and Mental Health Support Teams in schools programme (MHST). In addition, we have the Childrens Wellbeing Practitioner (CWP) and the school's MHST teams with an that get involved early in young people's care.
-
- We also provide a neuro-developmental assessment service to children and young people over the age of 5 years and up to 18 years of age.

Universal resources

- We have several resources for parents and young people including downloadable self-help 'while you wait' material, specific leaflets, appropriate online resources and our CAMHS video (via YouTube). Families also have access to a virtual waiting room (My Healthe) where many useful resources can be found including information about partner agencies that can also offer support.
- Neurodevelopmental post diagnostic support:
 - Parent information group: Learning more about Autism (currently on-line)
 - Parent information group: Learning more about ADHD (currently on-line)
- We provide links to various local non-statutory services, e.g. Croydon Drop In, Off the Record, Kooth (a free online chat service)

Access to services (referral process)

- We accept referrals via our Single Point of Contact (SPOC) and according to our referral criteria. SPOC will then pass the referral to Child and Adolescent Mental Health Service (CAMHS) practitioners who are based in this service to manage.
 - <http://www.croydon.gov.uk/ewmh>
- Referrals to specialist CAMHS are accepted via other health professionals, e.g. GP's and other health providers, schools and social care.
- We cannot accept referrals from children, young people or their parents/carers directly.
- Services that accept direct referrals from families include Croydon Drop Off and Off the Record.

What to expect

- The Child/Young Person's referral will be triaged by specialist CAMHS practitioners at SPOC and if accepted will be placed on the appropriate assessment team waiting list.
- Family will receive an acceptance letter
- Family will be prioritised based on clinical need.
- Family will be offered access to MyHealthe - Trust online system and virtual waiting room where caregivers can complete screening questionnaires and which also contains useful information and signposting of additional resources.
- Parents requested to watch Croydon CAMHS information video. This is on YouTube.
- We have a Duty system in place for families to contact us if there are any concerns they have and that these can then be discussed and reviewed by the team.